May 29, 2019

The Honorable Frank Pallone, Jr.  
Chair  
House Committee on Energy and Commerce  
2125 Rayburn House Office Building  
Washington, DC 20515

The Honorable Greg Walden  
Ranking Member  
House Committee on Energy and Commerce  
2322 Rayburn House Office Building  
Washington, DC 20515

Dear Chairman Pallone and Ranking Member Walden:

Members of the National Association of Insurance Commissioners (NAIC) appreciate the opportunity to comment on the discussion draft of the No Surprises Act. We applaud both of you for working across the aisle to address surprise billing. Too many consumers have faced unexpected expenses and financial hardship through no fault of their own because of surprise bills. While several states have acted already to protect consumers from surprise bills, millions of Americans are still at risk. With the right combination of federal and state policies, our health care system can better serve consumers, payers, and providers by preventing surprise bills.

Effective regulation to prevent surprise bills requires authority over both health insurers and care providers. While states are the primary regulators of health insurance and the professional practice of health care providers, we support action at the federal level to address surprise bills. Only federal regulation can reach self-funded health care plans governed under the Employee Retirement Income Security Act (ERISA), and these plans cover a large share of Americans. Even with surprise bill protections in place in state-regulated markets in several states, a federal fall back offers protection for consumers in states without their own laws or regulations on this topic and in situations where the consumer, payer, and/or provider may be based in different states. While state insurance regulators closely supervise insurers in their states, they have fewer tools to enforce requirements on health care providers—the federal relationship with providers through Medicare offers a useful means of incentivizing compliance with billing standards.

Any federal legislation to address surprise bills must allow flexibility to accommodate state laws on the topic. The No Surprises Act discussion draft is encouraging in this regard—it allows for a method under state law to set the “recognized amount” when there is a state law in place. This allows state laws in place today as well as those enacted in the future to establish payment standards. It’s important not to simply grandfather existing state laws, but to allow states to innovate and adjust their payment standards as necessary in the future. Some states may find that a federal standard as envisioned in the discussion draft works well for them, but others may choose to set a different standard based on market conditions in the state, so federal law should provide states the flexibility to do so. Congress should also take care in setting the effective date of federal protections—states may wish to examine the federal law and use their next legislative session to update state laws before federal protections go into effect.

We support the approach of the discussion draft under which the recognized amount would be set under federal authority in any case when there is not a method for setting it under state law. However, state laws are varied and subject to change over time. We believe that more clarity will be necessary to determine when state law applies and when federal law applies. Beyond setting a payment standard, state and federal law may differ on which providers, items, or services are subject to balance billing prohibitions. We support the principle that state...
protections should be considered first, and only when no state protection applies does the federal protection apply. While the Secretary of HHS may be the most appropriate authority to issue regulations to implement the federal protections under the No Surprises Act, we request that the Secretary be required to consult with state insurance regulators and/or the NAIC in setting the boundaries between state and federal laws in this area. In addition, consumers and health care providers should know what billing protections are in place for a particular service. Federal law should establish notice requirements that allow consumers and providers to understand whether state or federal protections apply to a specific situation.

Avoiding preemption of state regulation is also important in the area of network adequacy. Network adequacy standards are not an appropriate way to address or prevent surprise bills. While network adequacy standards aim to assure a sufficient number and scope of providers for a plan’s entire group of enrollees, surprise out-of-network bills stem from the circumstances of individual patients, who may be traveling or need emergency services. To ameliorate surprise bills, network adequacy thresholds would have to be very broad, eliminating the usefulness of networks in managing health care costs. In addition, states are best positioned to set network adequacy standards that take into account the particular needs of state residents and the state’s insurance and provider markets.

One critical improvement state regulators request for the No Surprises Act is to include protections against balance billing by providers of air ambulance services. Air ambulance bills too often stem from situations the No Surprises Act intends to address—when consumers cannot reasonably choose the provider. Consumers are frequently hit with surprise bills for tens of thousands of dollars even after their insurer pays the provider. Moreover, states have no ability to address these bills; federal law in the Airline Deregulation Act prohibits states from regulating air ambulances. So even though state regulators across the country field complaints from consumers about air ambulance billing practices, neither they nor their state lawmakers have the authority to address this serious, ongoing problem. A federal solution is needed not only for consumers in ERISA plans, but all commercially insured consumers. State insurance regulators believe the No Surprises Act should apply the same balance billing prohibitions to air ambulance providers as it sets for other providers. It may be necessary, however, to establish a “recognized amount” for air ambulance providers using different methods than those for other providers. State regulators would be pleased to work with the Energy and Commerce Committee and other stakeholders to determine an appropriate methodology.

State insurance regulators support the inclusion in the No Surprises Act of funding for state all payer claims databases (APCDs). APCDs provide valuable information on real-world health care prices that are too often hidden from public view. The data they provide have many potential uses in improving health care and reducing costs, including providing the “recognized amount” required under the Act. State investment and operation of APCDs helps to combat the perception of bias in the data. While many states have robust APCDs or are on their way to developing one, the enhanced federal support included in the discussion draft will provided needed assistance in accelerating their availability.

Congress, though, should do more to support APCDs than simply provide additional funding. The more complete their claims data, the more useful APCDs are for policymakers, government agencies, researchers, and other stakeholders. With the Gobeille decision, the Supreme Court interpreted ERISA as preventing states from requiring self-funded plans to report their data to APCDs. This severely limits the effectiveness of APCDs since 63 percent of workers with employer-based health insurance are in self-funded plans. Getting a complete set of claims data will be all the more important under the No Surprises Act, so the legislation presents an important opportunity to make changes to ERISA to make the self-funded plans’ data accessible. We recommend that the No Surprises Act amend ERISA to explicitly authorize states to collect claims data from all commercial health plans.
The discussion draft of the *No Surprises Act* represents a serious effort by lawmakers of both parties to address a pressing problem in health care. It has the potential to add needed federal protections to the state laws already in effect to prevent consumers from being hit with unexpected out-of-network charges. With the improvements outlined above, NAIC members believe the legislation would be a significant step forward in making health insurance and health care more fair and more predictable for millions of consumers. We look forward to continuing to work with the Energy and Commerce Committee and other members of Congress to enact this important legislation.

Sincerely,

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